



MARSHALL FIRE DEPARTMENT

PHYSICAL AGILITY TEST

Athletic clothing is recommended!

Passage of the test requires 100% completion of all the following events within the allotted time frame in the order described below.

This physical agility test will be comprised of nine (9) different evolutions performed in a continuous circuit. The test will be explained and demonstrated prior to candidate participation. Comfortable clothing and athletic shoes are recommended for this event.

PHASE 1 - The following evolution is not a timed events.

1. When ready and in place, wearing a helmet, gloves, and safety harness (**furnished by the fire department**). The candidate will climb the aerial ladder to one-hundred (100') feet at a forty-five (45°) degree angle, touch the top rung, and descend to the bottom of ladder.

PHASE 2 - The following eight (8) evolutions are timed events:

1. EXHAUST FAN CARRY

Starting from the bottom step, the applicant will ascend to the top of the steps, pick up an exhaust fan, and carry it fifty (50') feet and place the fan on the table.

2. STAIR CLIMB

Continue down the designated pathway to the end of the stadium bleachers. Climb the stairs to the top, proceed to the center stairway. Descend down the center stairway and climb the remaining stairway to the next event.

3. LADDER RAISE

At the top of the stairway there will be a 24 foot extension ladder on the ground. Approach the ladder from the top and lift the ladder using every rung, resting the ladder against the building.

4. LADDER REMOVAL

Proceed to the parking lot for the next event. Approach the fire truck. Remove the ladder from the side carriage. Carry the roof ladder to the designated area and set it on the ground.

5. HYDRANT EXERCISE

Pick up the twenty-five (25') foot section of rolled fire hose and carry it to the fire hydrant. Remove the 2 ½" cap and attach a 2 ½" fire hose to the hydrant securely. Once the hose is secured, open the hydrant with the provided hydrant wrench using fifteen (15) complete revolutions.

6. HOSE ADVANCE

After charging the fire hose, walk over to the charged (1 ¾") hose line. Drag the hose seventy-five (75') feet to a designated stopping point. Lay the nozzle in the bucket and proceed to the next event.

7. HAMMER SLED

Given a fire department sledge hammer and a sled, the candidate will use the hammer to strike the weighted "center" section of the sled. The center section of the sled must be moved 48" inches, to the predetermined line marked on the sled.

8. RESCUE DUMMY DRAG

Proceed to the dummy. Raise and move the rescue dummy, approximately fifty (50') feet to the finish line.

The time allotted for completion of the timed events described above is five minutes (5:00). Failure to complete the Physical Agility within the time allotted will result in disqualification.

The physical agility test may be administered a second (2nd) time, subject to the discretion of the Fire Chief.